



Helping your overwhelmed employees get the care they need

Accolade
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Accolade's new health trends report reveals the main causes of stress in healthcare and how HR can assist by expanding virtual care and promoting health equity.

As HR leaders, it's important to understand the barriers that may be keeping your employees from fully using the healthcare benefits you provide them. Accolade's latest report sheds light on the psychological and practical factors of engaging the healthcare system that are impacting your employees. Based on a Savaris employee healthcare survey, the report reveals that 49% of employees feel overwhelmed managing healthcare for themselves and their family members. As a result, 65% have delayed or avoided care altogether. The cost of care, billing confusion, and difficulty finding a provider and making an appointment are the top stressors identified in the report.

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In addition to highlighting the challenges employees shared with us, our report offers solutions, including virtual care expansion and enhanced health equity. Employees who receive personalized healthcare navigation report higher levels of engagement, satisfaction, and loyalty with their employers. Key takeaways from the report include:

- Nearly 80% of employees want more guidance on how to navigate their healthcare benefits, indicating a clear demand for personalized support.
- Employees who use Personalized Healthcare navigation are 2.5x more likely to choose a high-value provider for their care.
- Personalized Healthcare navigation leads to a 22% reduction in avoidable ER visits and a 36% reduction in avoidable hospital admissions.

HR can help overwhelmed employees get care when it matters most. New health trends report explores causes of stress and offers solutions, including virtual care expansion and enhanced health equity. As HR leaders, it's important to understand the barriers that may be keeping your employees from fully using the healthcare benefits you provide them. Accolade's latest report sheds light on the psychological and practical factors of engaging the healthcare system that are impacting your employees.

Download this executive summary to discover the main causes of stress in healthcare and how HR can assist by expanding virtual care and promoting health equity.