A Brief Guide to IT Hygiene

Hygiene is a concept in the technology sphere that reinforces the idea of critical, regular, ongoing practices conducive to the health of your information technology (IT) infrastructure. While asset management is well understood within the IT and security space, IT hygiene is not yet a fully understood concept.

In this paper, we'll define what IT hygiene really means, spotlight the danger of shadow IT, and discuss why you need a system of record for all of your internal assets.