

# 5 Reasons Why Covid Makes Digital Diabetes Treatment Critical



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## People with diabetes are at higher risk for COVID-19 complications.

People with diabetes have much higher rates of serious COVID complications, hospitalizations, and death.<sup>1</sup> Making things even more difficult, chronic condition management is especially challenging when even accessing a healthcare facility risks exposure. Even for those who avoid the virus,

the pandemic itself may contribute to worse outcomes for people with diabetes, due to stress, social isolation, and disruptions to routine care, diet, and physical activity.<sup>2</sup> It's more urgent than ever that people with diabetes have access to cost-effective and clinically proven diabetes care to monitor glucose

levels, stay in control of their blood sugar, and build proper routines around healthy eating, physical activity, and medication adherence. Effective diabetes care may help prevent severe COVID illness, and curtail health issues stemming from care disruptions after the pandemic is over.



1. Han J, et al. Impact of Diabetes on COVID-19. JAMA. 2020;323(16):1597-1604. doi:10.1001/jama.2020.10100. 2. American Diabetes Association. COVID-19 and Diabetes. <https://www.diabetes.org/health-care/covid-19>. Accessed April 14, 2020.

3. American Diabetes Association. COVID-19 and Diabetes. <https://www.diabetes.org/health-care/covid-19>. Accessed April 14, 2020.

Routine care for diabetes and chronic conditions has been significantly disrupted by the pandemic with nearly 53% of people having simply abandoned care they would have otherwise received.

Learn how Omada for Diabetes is providing personalized care for those in your workforce and demonstrating proven clinical outcomes, including:

- Reduced average Hemoglobin A1C by 0.8 percent for all study participants
- Average decrease of 39 points in total cholesterol for those with high cholesterol
- Increased medication adherence by additional 11%

- Meaningful decreases in diabetes distress